

NS4 HISC VENUE INFORMATION

Venue contact: HISC staff will be on site for the whole event, please email reception@hisc.co.uk or call 02392 463768. Reception will be open 0900 to 1700.

Cafeteria: The café breakfast service is from 0830. The snack bar is also open from 10am onwards.

Water refill points: HISC encourages visitors to bring their own reusable drinking containers. There is a dedicated water bottle refill point outside the snack bar and main bar.

Waste bins: Please adhere to the signage for these.

Water Quality

- The water quality in the harbour continues to come under scrutiny with discharges coming from water treatment work outfalls, combined sewer overflows and run off from farmland and roads at certain times, particularly after heavy rainfall.
- Please see the mitigation advice for individuals below:

Before Going Afloat

- Cover all cuts, grazes, and blisters with waterproof dressings.
- Wear appropriate footwear, especially when launching or recovering boats.
- Check local water quality information if available.

During Boating Activities

- Avoid ingesting water, keep your mouth closed during capsizes, recovery or splashing.
- Use closed-top water bottles (avoid sports-top bottles which may expose drinking nozzles).
- Minimise activities likely to cause immersion or repeated capsizing when contamination is known or suspected.

After Boating

- Wash or shower as soon as possible after significant contact with water.
- Clean any cuts, grazes or exposed skin thoroughly.
- Wash hands thoroughly before eating or drinking.
- Follow the Check, Clean, Dry procedure to reduce contamination and prevent invasive species.