**PARKSTONE OPEN TRAINING SAT 2 SEPT 2017 -** Info as at Weds 30 August 2017

[www.parkstoneyachtclub.com](http://www.parkstoneyachtclub.com/%22%20%5Ct%20%22_blank)

We are pleased to have Ellie Cumpsty leading the coaching assisted by Imogen Kemp and James Bishop.

Iain Purrier has been spearheading all the arrangements at the Club end of things and, I imagine, is known to many of you.

The club gates will be open from 8.30am on Saturday morning.

Please can all boats be rigged by 9.30am at the latest, when the sailors will start the day with 'activation' (land  warm up/exercises to any uninitiated!).    So they should turn up with a water bottle in hand and wearing sports kit; they will change into their sailing kit a little later on.

**Catering on Saturday** is just the usual club restaurant arrangements.  There will be **no** bacon butties/breakfast on Sat morning, so please bear that in mind if you are travelling from far away.  The bar will offer bar food from 12noon to 2.30pm - paninis, salads, sandwiches, Ploughmans.  Afternoon tea is served from 3pm.  This is all in addition to your training fee, so don't forget some cash.

The day will end at approximately 4.30pm.

There is no camping on site.  The club website has a section with some suggestions for local accommodation for those needing to stay overnight.

As you no doubt are aware, there is a Topper Open Meeting on Sunday 3rd September.  The club will be open from 8.30am on that day.  I will put the Notice of Race and SIs on the ITCA website later today.

**Catering on Sunday**  - there will be bacon butties from 8.30am at £2.50 a piece and then all the usual club Sunday catering for the rest of the day - please see the website for that.

If you haven't done so already, may I ask that you join our FB page - South West Toppers.  It is a closed group so you will have to send a request to follow, but someone will quickly confirm you as a friend.  It's one of the easiest ways for us to communicate with you and if everyone is on it, it means we don't have to duplicate comms.  Once you are on it, please do also add anyone that you know that is part of/interested in being part of our SW Topper sailing community.

Questions? E mail: arearep.southwest@itca-gbr.co.uk