



Shoreham Sailing Club & ITCA

Topper Super South Regatta

11<sup>th</sup> and 12<sup>th</sup> October 2025

## SAILING INSTRUCTIONS

### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current ISAF Racing Rules of Sailing, RYA prescriptions and the relevant Class rules. In the case of conflict between the rules and these sailing instructions, these sailing instructions shall prevail. This changes rule 63.7.

### 2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the clubhouse.

### 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted at least 60 minutes before the advertised starting time of the race or races concerned.
- 3.2 Any change to the schedule of races will be posted by 20.00 on the day before it will take effect.

### 4 SIGNALS MADE ASHORE

- 4.1 Flag signals made ashore will be displayed on the flagpole near the launching ramp.
- 4.2 When the postponement flag (AP) is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP (changes rule Race Signals 'AP').
- 4.3 Boats shall not go afloat until flag D is displayed ashore with one sound signal.

### 5 SCHEDULE OF EVENTS

- 5.1 The schedule of events shall be as described in the Notice of Race
- 5.2 When there are two or more races to be sailed on one day, the warning signal for the second and any succeeding race will be made as soon as possible after the finish of the previous race.

### 6 FLEETS

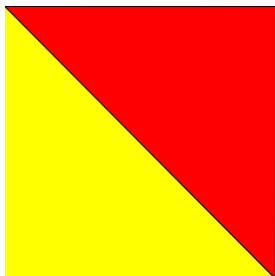
- 6.1 The 4.2 fleet and 5.3 fleets will sail from separate starts
- 6.2 If there are fewer than five 4.2 boats, the Race Officer may decide to run both fleets from one start, but this will be at their discretion.

## 7 CLASS FLAG

7.1 Unless otherwise specified, the warning signal for the 5.3 fleet shall be the Z flag.



7.2 Unless otherwise specified, the warning signal for the 4.2 fleet shall be the O flag.



## 8 RACING AREAS

8.1 The racing area will be to the East or West of the Harbour entrance. This will be shown on the Notice Board in the clubhouse

## 9 COURSES

9.1 The courses are designated by letter (A and B). Schematic layouts are in Appendix 1 and show the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2 The Committee Boat will display the course to be sailed (by letter) and the number of laps, on the starboard side prior to the warning signal

9.3 For course A, when sailing from the Start Line to Mark 1 boats can pass either side of Mark 5

## 10 MARKS

10.1 Marks will normally be orange inflatable buoys.

## 11 OBSTRUCTIONS

11.1 A safety boat in close attendance to a boat or a competitor in difficulty is deemed to be an obstruction surrounded by navigable water.

## 12 THE START

12.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

12.2 The starting line will normally be between the mast of a committee boat flying an orange flag and an orange buoy laid to port of the committee boat.

12.3 The 4.2 fleet will start after the 5.3 fleet. If there is a general recall for the 5.3 fleet, they will be restarted before the 4.2 fleet

12.4 A boat starting later than five minutes after her starting signal will be scored Did Not Start without a hearing.

- 12.5 INDIVIDUAL RECALL - An individual recall will be indicated in accordance with Rule 29.1



and 1 sound signal

- 12.6 GENERAL RECALL - A general recall will be indicated in accordance with Rule 29.2.



and 2 sound signals

#### U FLAG RULE

- 12.7 The U flag rule may be introduced in accordance with Rule 30.3.
- 12.8 A U flag may be hoisted either before the starting sequence or at the preparatory signal.
- 12.9 If hoisted at the preparatory signal, the U flag may be flown instead of the P flag or in addition to it.
- 12.10 No part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal.
- 12.11 If a boat breaks this rule and is identified, she shall be disqualified without a hearing, but not if the race is restarted or resailed
- 13 CHANGE OF THE NEXT LEG OF THE COURSE
- 13.1 To change the next leg of the course, the race committee may move the original mark (or finishing line) to a new position or lay a replacement mark.
- 14 FINISH
- 14.1 The finishing line will normally be between the mast of the committee boat flying a blue flag and buoy laid at approximately 90° to the start line.
- 15 TIME LIMITS
- 15.1 The time limit for each race shall be 60 minutes for the first finisher.
- 15.2 Any boat that is still racing but, in the opinion of the Race Committee, is unlikely to finish within 20 minutes of the leading boat may be given a finishing position based upon her position in the fleet at

the time as observed by the race committee. When this sailing instruction is to be applied, the boats affected will be notified by hail from a race committee vessel displaying the W flag. This changes rules 35

- 15.3 If 15.2 is not applied, boats failing to finish within 20 minutes of the first finisher shall be scored Did Not Finish without a hearing. This changes rules 35,

## 16 PROTESTS, REQUESTS FOR REDRESS AND PENALTIES

- 16.1 Protests and requests for redress or reopening shall be delivered to the Race Officer within the appropriate time limit.
- 16.2 The protest time limit is 60 minutes after the last boat has finished in the last race of the day.
- 16.3 Notices of protests by the race committee will be posted to inform competitors under rule 61.1(b).
- 16.4 Notices of protests will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 16.5 Infringement of the rules will require completion of an on the water penalty as per the current Racing Rules of Sailing.
- 16.6 The protest committee can offer arbitration at their discretion.
- 16.7 A scoring penalty of up to 30% of the sailors position may be offered in lieu of disqualification.

## 17 SCORING

- 17.1 Two races are required to be completed to constitute a series.
- 17.2 Races to count will be as follows:

<b>Races sailed</b>	1	2	3	4	5	6	7
<b>Races to count</b>	1	2	3	3	4	5	6

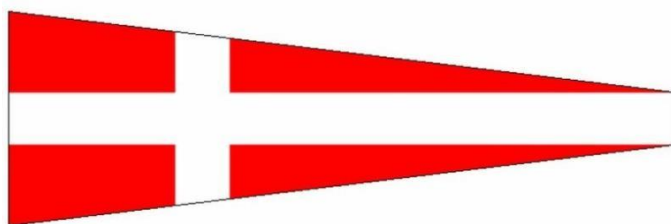
## 18 SAFETY

- 18.1 All helms must tally with beach master before going afloat and within 20 mins of coming off the water.
- 18.2 RRS 40.1 applies at all times whilst afloat. Competitors will wear personal flotation devices while afloat, except briefly while changing or adjusting clothing or personal equipment. Flag Y will not be used: this changes Rule 40. Wetsuits or dry-suits are not personal flotation devices.
- 18.3 The River Adur, Shoreham Harbour and harbour approaches are a commercial waterway.
- 18.4 All competitors must comply fully with [Shoreham Port Authority General Byelaws](#) and the [Shoreham Port General Directions](#). Signals controlling navigation are made as follows:

<b>Middle Pier Control Station:</b> Amber light occulting every 3 seconds, focusing to seaward, by day and by night	<i>Meaning</i> A Vessel, which is not a Small Vessel, manoeuvring or about to leave the Port Limits.  <i>Instruction</i> No other Vessel shall enter the Port Limits, except Small Vessels, providing they do not hinder the movement of the Vessel Underway.
<b>Lifeboat House – Signals focusing over Eastern Arm:</b>	<i>Meaning</i> A Vessel, which is not a Small Vessel, about to enter the Port Limits or leave the Western Arm.  <i>Instruction</i>

Red light, occulting every 3 seconds, focusing over Eastern Arm, by day and by night	No other Vessel to navigate in the Eastern Arm, except Small Vessels, providing they do not hinder the movement of Vessels Underway.
<b>Lifeboat House – Signals focusing over Western Arm:</b> Red light, occulting every 3 seconds, focusing over Western Arm, by day and by night	<i>Meaning</i> A Vessel, which is not a Small Vessel, about to enter the Port Limits or leave the Eastern Arm for sea or pass from the Eastern Arm to the Western Arm. <i>Instruction</i> No other Vessel to navigate in the Western Arm, except Small Vessels, providing they do not hinder the movement of the Vessel Underway.

- 18.5 No boats shall launch from the slipway into the harbour until permitted by the Beach Master.
- 18.6 No boats shall enter the harbour from the sea unless permitted by a safety officer or the race officer. When a Safety Boat at the harbour entrance is displaying Penant 4, no boats shall enter the harbour, they will circle that safety boat and await instruction.



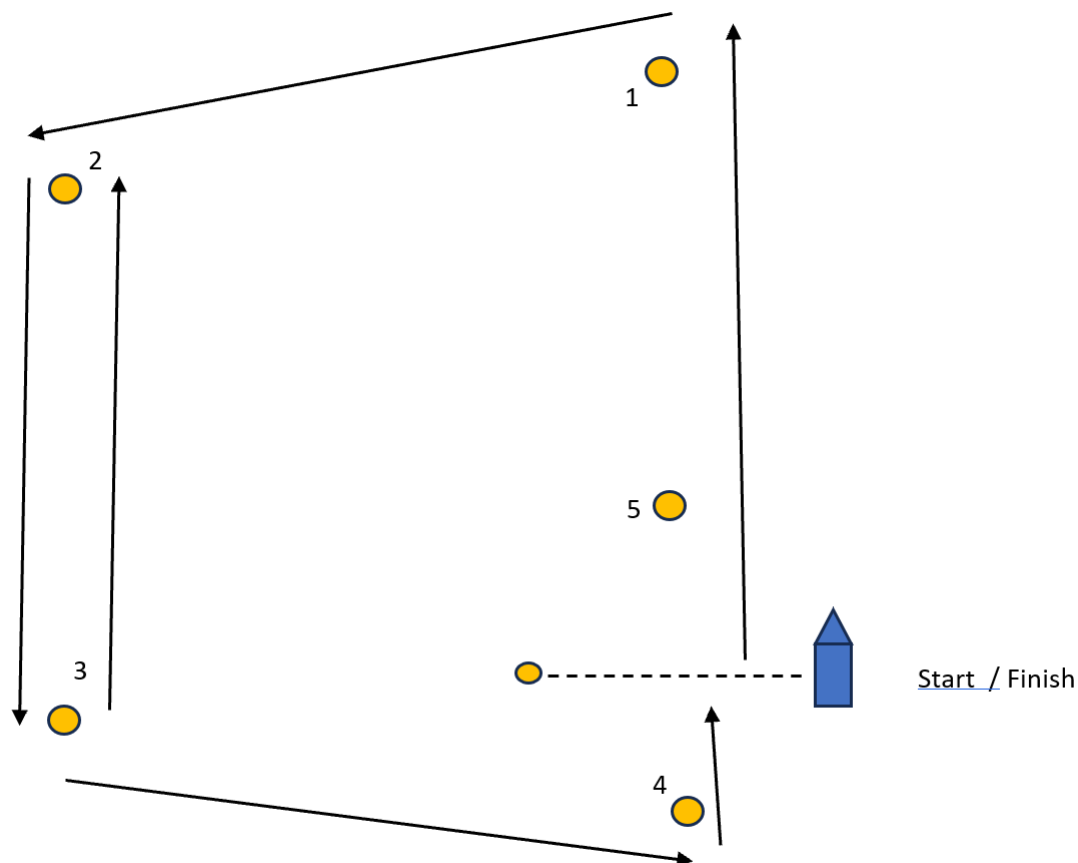
- 18.7 Failure to comply with clauses 18.4 to 18.6 will result in disqualification and possible disciplinary action by the Committee in addition to other liability.
- 18.8 A boat that retires from a race shall notify a race committee vessel as soon as possible. The helm shall complete a retirement declaration on return ashore.
- 19 TRASH DISPOSAL
- 19.1 Competitors shall not intentionally put trash in the water.
- 20 RISK STATEMENT
- 20.1 Rule 3 of the Racing Rules of Sailing states: 'the responsibility for a boat's decision to participate in a race or to continue *racing* is hers alone'.
- 20.2 By taking part in the event, each competitor (and their parent(s) or guardian(s) in the case of a competitor under 18 years of age) agrees and acknowledges that:
- they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
  - they are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
  - they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - their boat is in good order, equipped to sail in the event and they are fit to participate;

- the provision of a race management team, patrol boats and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- their boat is adequately insured, with cover of at least £3,000,000 or the equivalent per event against third party claims.

## APPENDIX 1

### COURSE A – 5.3 Fleet (all marks to port)

Single Upwind	Start -1- 2-3-4-Finish
Two Upwind	Start – 1-2-3-2-3-4-Finish
Three Upwind	Start-1-2-3-2-3-2-3-4-Finish



## COURSE B - 4.2 Fleet (all marks to port)

Single Upwind	Start -1-2-3-4-Finish
Two Upwind	Start – 1-5-1-2-3-4-Finish
Three Upwind	Start-1-5-1-5-1-2-3-4-Finish

