

SW ITCA TOPPER TRAINING FOWEY 30 MARCH 2024

Dear Topper Sailors and Parents/ Guardians,

Thank you for your entries to the Topper Training at Fowey 30 March 2024. These joining instructions are to provide a few details ahead of your arrival.

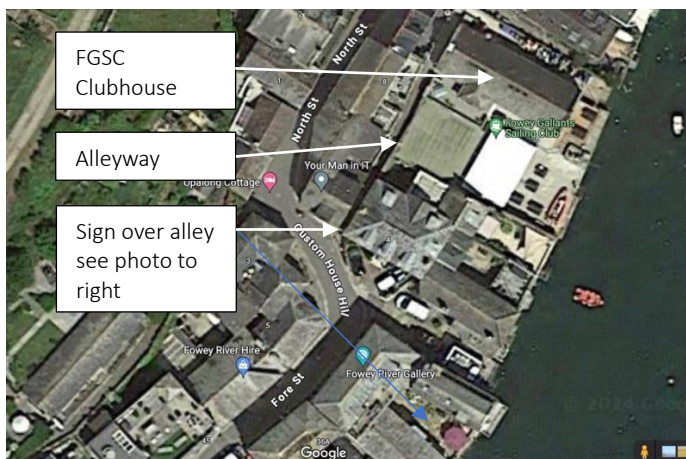
1. Location/ Directions

The weekend is being jointly hosted by both Fowey Gallants Sailing Club and Royal Fowey Yacht Club.

The clubhouses and the boat/car parking are at different locations.

Fowey Gallants Sailing Club is accessed by foot down a narrow alleyway off Custom House Hill at the north end of Fore Street. There is a sign hanging over the alley. See ariel view and photo of sign below.

Address: Fowey Gallants Sailing Club, Amity Court, Fowey, PL23 1DA



Royal Fowey Yacht Club is accessed off a small road at the bottom of Lostwithiel Street. If approaching down the hill entrance is on the right-hand side.

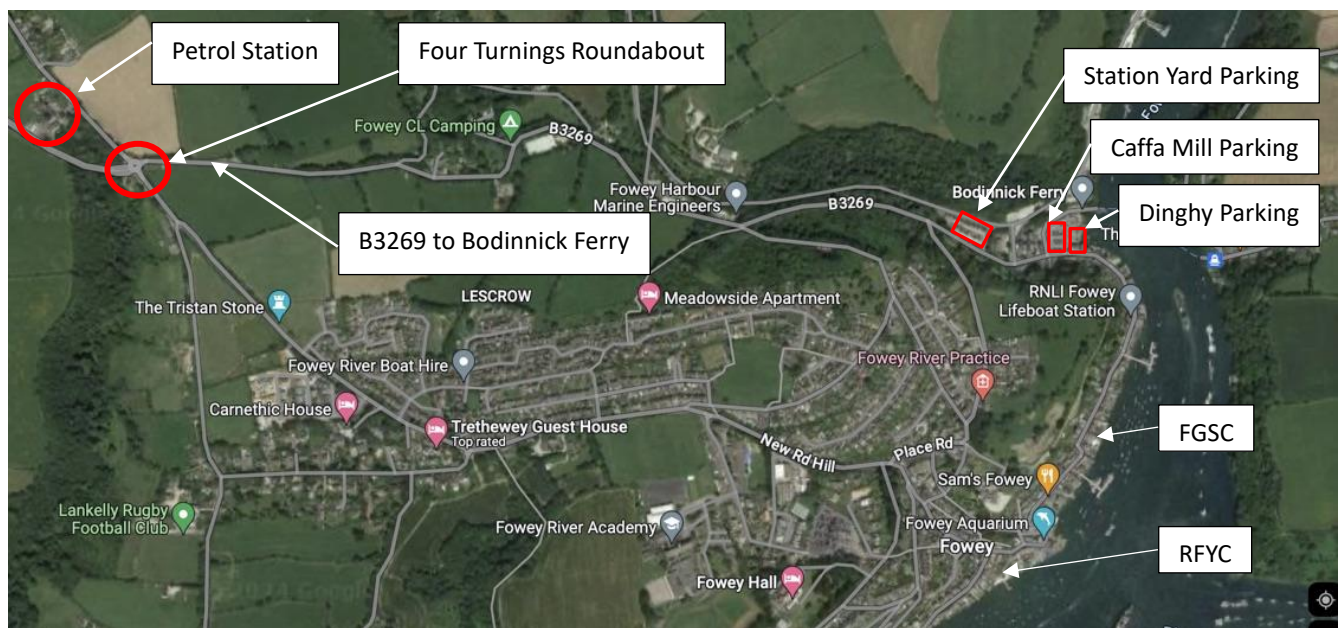


Address: Royal Fowey Yacht Club,
Whitford Yard, Fowey, PL23 1BH

Directions to Fowey

Arriving by main road coming from the east take the B3269 turning to Fowey off the A390 about 2 miles west of Lostwithiel. Arriving from the west take the sign to Fowey at the Britannia roundabout off the A390 about a mile east of St Austell.

Upon arrival on the outskirts of Fowey you will pass a petrol station immediately by a roundabout. At this roundabout (Four Turnings) take the turning to Bodinnick Ferry (Passage Lane) B3269— IF YOU HAVE A TRAILER **DO NOT TAKE TOWN CENTRE TURN**. The streets are very narrow and if you take the town centre turn you will need to go through these streets and have problems! When you arrive at the bottom of Passage Lane keep straight on as far as you can go before the road becomes no entry at which point you will enter the car park on left side.



Car/Dinghy Parking is available at Caffa Mill.

Address: Caffa Mill Car Park, Station Road, Fowey, PL23 1DF

The car park is a public pay car park with pay points or via JustPark app.

Currently the dinghy parking is not being administered by any party which is subject to change of ownership. Until such time boats may be left in the area shown below which is adjacent the car park. Please leave trollies on trailers once launched to minimise space taken up. If it becomes necessary then alternative trailer parking will be found and advised nearer the time. Boats will be launched directly from the slipway adjacent the dinghy park. NOTE: This is a public area and unsecured.

If you have a campervan there is another car park immediately before Caffa Mill at Station Yard. As you approach the bottom of the hill the car park will be on left hand side. There is no signage to say no overnight parking and many people use this. The car park is operated by Fowey Harbour Commissioners.

At Caffa Mill there is a café by the slipway where snacks and tea/coffee/ice cream/pasties etc are available. There is also a café in Station Road opposite the car park which has seating.

The WC at Caffa Mill requires payment but if the café is open mention to the people you are with the event and they will let you use it for free!



2. Communication

A WhatsApp Group has been set up which will be used for the club, coaches, race officials and Area Rep to communicate with parents. The link to join the group is: <https://chat.whatsapp.com/L1faig0Ocw8J4lUYlh5NKX>
Please can parents join this chat ASAP so they do not miss any information posted.

Further information can be found on the ITCA event pages

Saturday training [Event: SW Open Training Fowey \(ourclubadmin.com\)](https://ourclubadmin.com/Event/SW%20Open%20Training%20Fowey)

Sunday Race day [Event: SW Area Traveller 2 \(Summer 2\) Fowey \(ourclubadmin.com\)](https://ourclubadmin.com/Event/SW%20Area%20Traveller%202%20(Summer%202)%20Fowey).

3. The event will be run by Fowey Sailing which is a collaboration of Fowey Gallants SC and Royal Fowey YC. Sailors and parents are welcome at both clubs all weekend and can change at either club either day.

Generically Saturdays training will be based from Fowey Gallants SC while Sundays Race day will be run from Royal Fowey YC.

4. Walking time from the boat park to the sailing / Yacht Club.

Please note that the Fowey Gallants Sailing Club is approximately 5 minute easy walk from the boat park and the Royal Fowey Yacht Club is a little further but no more than 10 minute walk.

5. What time will the club be open and what time do Sailors need to be rigged and ready for the instructors briefing on Saturday?

Please arrive with your boat unloaded, rigged but sailors not changed with plenty of time for a 9.30 coached briefing at 09.30.

6. Will the Galley be open?

The Galley opening times at both clubs will be advised in due course. If there are sufficient numbers the galley can open for you to purchase lunch, dinner and drinks. Tea and coffee is available via a coin operated machine at both clubs. Breakfast may be available if demand suits.

Unfortunately, there is no microwave / kettle facility for you to make your own food. We ask that you do not bring your own food into the clubhouses but sandwiches or similar for lunch snacks are fine. We would of course be delighted if you choose to support the club caterers.

7. Dog policy

Dogs are welcome at FGSC anywhere on the premise. RFYC do not permit dogs inside.

8. Wi-fi

Wi-fi is available at both clubs. Passwords will be available on the day.

9. Changing/shower facilities

Changing facilities at the clubs are limited. AT FGSC there are a number of individual shower cubicles which can be locked from the inside and these are used for changing as well. Two showers are accessed directly from the yard at the lower level. Other shower cubicles are available inside and access is through the WC areas which are accessible by members and visitors. The cubicles are lockable from the inside There is also a disabled WC which can be used for changing but there is no shower. The disabled WC is accessed externally 24 hours a day.

Further changing/showers are available at RFYC and are all located within the general WC areas accessible by members and visitors.

10. Saturday Training Briefing

The coaches briefing for the sailors is due to commence at 09.30am at Fowey Gallants Sailing Club on Saturday 30 March 2024. – you should be rigged with your Topper ready to go in the area discussed above, but not yet changed for sailing at that time. The instructors will ask you to change when they are ready.

11. Parent Volunteers

ITCA safety guidelines require that all safety boats shall be crewed by at least 2 people. This is an opportunity for the parents to see the sailing and off course the coaches and sailors close up! Please can you let us know on the WhatsApp Group if you are able to volunteer to support the coaches as a second person in each of their 2 coaches RIBS and by being a beachmaster to assist sailors to shore and to find their trolley. The beachmaster will be given a VHF so that the coaches can liaise with you about when sailors are coming to shore. We will be looking for volunteers, ideally separately for morning and afternoon slots to share the volunteering shifts out and ideally you will have warm kit with you so that you do not get too cold!

12. Sunday racing

Sailors entered into the SW ITCA training are welcome to join in the Topper racing Sunday 31 March 2023. Please enter via the ITCA page [Select Events \(ourclubadmin.com\)](https://ourclubadmin.com).

If you decide to enter on Friday or Saturday, please can you let us know via the WhatsApp Group or contact the SW ITCA area Rep Sean on 07717 500726 so the race officer can be briefed in advance on likely numbers.

Racing will be held on courses to suit the weather and conditions on the day. If conditions permit it is proposed to hold 3 or 4 back-to-back windward leeward races outside Fowey Harbour in the bay. If this is not possible the courses will be in the river.

This will be advised on the events WhatsApp chat either late on Saturday afternoon or on Sunday morning. Separate Sailing Instructions will be posted on the ITCA event page

The competitors briefing for Sundays racing will be held at the Royal Fowey Yacht Club at 09.45

13. Questions?

Sean will not be attending this training session, but will probably be around on Saturday afternoon, so please do shout on the WhatsApp Group if you have any questions.

This group will also be used throughout the weekend to notify you of any important information about timings that the sailors are heading to shore etc.

We hope you have a great event and enjoy your time at Fowey Gallants Sailing Club and Royal Fowey Yacht Club.

If you have any questions please contact Sean or if it is a local matter feel free to email Andrew Dellow (rear commodore FGSC) committee@foweyesailing.org