



Shoreham Sailing Club ITCA TOPPER
L&SE Regional Championships

8th & 9th June 2024

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current ISAF Racing Rules of Sailing, RYA prescriptions and the relevant Class rules. In the case of conflict between the rules and these sailing instructions, these sailing instructions shall prevail. This changes rule 63.7.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted at least 60 minutes before the advertised starting time of the race or races concerned.
- 3.2 Any change to the schedule of races will be posted by 20.00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Flag signals made ashore will be displayed on the flagpole near the launching ramp.
- 4.2 When the postponement flag (AP) is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP (changes rule Race Signals 'AP']).
- 4.3 Boats shall not go afloat until flag D is displayed ashore with one sound signal.

5 SCHEDULE OF EVENTS

- 5.1 The schedule of events shall be as described in the Notice of Race
- 5.2 When there are two or more races to be sailed on one day, the warning signal for the second and any succeeding race will be made as soon as possible after the finish of the previous race.

6 FLEETS

- 6.1 The 4.2 fleet and 5.3 fleets will sail together from one start.
- 6.2 If there are more than five 4.2 boats, the Race Officer may decide to run separate starts, but this will be at their discretion.

7 CLASS FLAG

7.1 Unless otherwise specified, the warning signal shall be the Z flag.



8 RACING AREAS

8.1 The racing area will normally be to the West of the Harbour entrance.

9 COURSES

9.1 The courses are designated by letter (A, B, C etc). Schematic layouts are in Appendix 1 and show the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2 The Committee Boat will display the course to be sailed (by letter) and in the cases of courses B and C, the number of laps, on the starboard side prior to the warning signal

9.3 For courses A and B when sailing from Mark 3 to Mark 1, boats must sail through the start/finish line. When sailing from Marks 1 and 1a to Mark 3, boats may, but do not have to sail through the start/finish line. For course C, when sailing from Mark 4 to Mark 1, boats must sail through the start line.

10 MARKS

10.1 Marks will normally be orange inflatable buoys.

11 OBSTRUCTIONS

11.1 A safety boat in close attendance to a boat or a competitor in difficulty is deemed to be an obstruction surrounded by navigable water.

12 THE START

12.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

12.2 The starting line will normally be between the mast of a committee boat flying an orange flag and an orange buoy laid to port of the committee boat.

12.3 When an inner distance mark is laid close to the committee boat, not necessarily on the starting line, no boat while racing shall pass between the committee boat and this buoy.

12.4 A boat starting later than five minutes after her starting signal will be scored Did Not Start without a hearing.

13 CHANGE OF THE NEXT LEG OF THE COURSE

13.1 To change the next leg of the course, the race committee may move the original mark (or finishing line) to a new position or lay a replacement mark.

14 FINISH

- 14.1 The finishing line will normally be between the mast of the committee boat flying a blue flag and buoy laid at approximately 90° to the start line.
- 14.2 If the race committee signals a shortened course (displays flag S with two sounds), immediately after the leading boats have rounded mark 3 for courses A and B, or Mark 4 for course C (in Appendix 1) the fleet should proceed to the Finish line to finish. This modifies rule 32.2.

15 TIME LIMITS

- 15.1 The time limit for each race shall be 60 minutes for the first finisher.
- 15.2 Any boat that is still racing but, in the opinion of the Race Committee, is unlikely to finish within 20 minutes of the leading boat may be given a finishing position based upon her position in the fleet at the time as observed by the race committee. When this sailing instruction is to be applied, the boats affected will be notified by hail from a race committee vessel. This changes rules 35
- 15.3 If 14.2 is not applied, boats failing to finish within 20 minutes of the first finisher shall be scored Did Not Finish without a hearing. This changes rules 35,

16 PROTESTS, REQUESTS FOR REDRESS AND PENALTIES

The Post-Race Penalty, Advisory Meeting and RYA Arbitration procedures of the RYA Rules Disputes procedures shall apply. The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed. See the Official Notice Board for details.

17 SCORING

- 17.1 Two races are required to be completed to constitute a series.
- 17.2 Races to count will be as follows:

Races sailed	1	2	3	4	5	6	7
Races to count	1	2	2	3	4	5	6

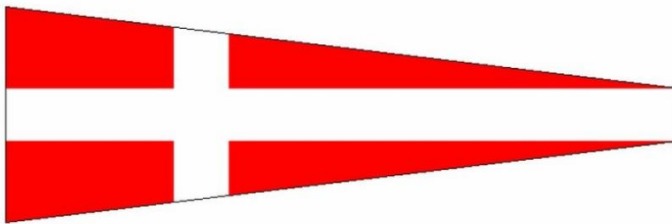
18 SAFETY

- 18.1 All helms must tally with beach master before going afloat and within 20 mins of coming off the water.
- 18.2 RRS 40.1 applies at all times whilst afloat. Competitors will wear personal flotation devices while afloat, except briefly while changing or adjusting clothing or personal equipment. Flag Y will not be used: this changes Rule 40. Wetsuits or dry-suits are not personal floatation devices.
- 18.3 The River Adur, Shoreham Harbour and harbour approaches are a commercial waterway.
- 18.4 All competitors must comply fully with [Shoreham Port Authority General Byelaws](#) and the [Shoreham Port General Directions](#). Signals controlling navigation are made as follows:

<p>Middle Pier Control Station: Amber light occulting every 3 seconds, focusing to seaward, by day and by night</p>	<p><i>Meaning</i> A Vessel, which is not a Small Vessel, manoeuvring or about to leave the Port Limits.</p> <p><i>Instruction</i></p>
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	No other Vessel shall enter the Port Limits, except Small Vessels, providing they do not hinder the movement of the Vessel Underway.
Lifeboat House – Signals focusing over Eastern Arm: Red light, occulting every 3 seconds, focusing over Eastern Arm, by day and by night	<i>Meaning</i> A Vessel, which is not a Small Vessel, about to enter the Port Limits or leave the Western Arm. <i>Instruction</i> No other Vessel to navigate in the Eastern Arm, except Small Vessels, providing they do not hinder the movement of Vessels Underway.
Lifeboat House – Signals focusing over Western Arm: Red light, occulting every 3 seconds, focusing over Western Arm, by day and by night	<i>Meaning</i> A Vessel, which is not a Small Vessel, about to enter the Port Limits or leave the Eastern Arm for sea or pass from the Eastern Arm to the Western Arm. <i>Instruction</i> No other Vessel to navigate in the Western Arm, except Small Vessels, providing they do not hinder the movement of the Vessel Underway.

- 18.5 No boats shall launch from the slipway into the harbour until permitted by the Beach Master.
- 18.6 No boats shall enter the harbour from the sea unless permitted by a safety officer or the race officer. When a Safety Boat at the harbour entrance is displaying Penant 4, no boats shall enter the harbour, they will circle that safety boat and await instruction.

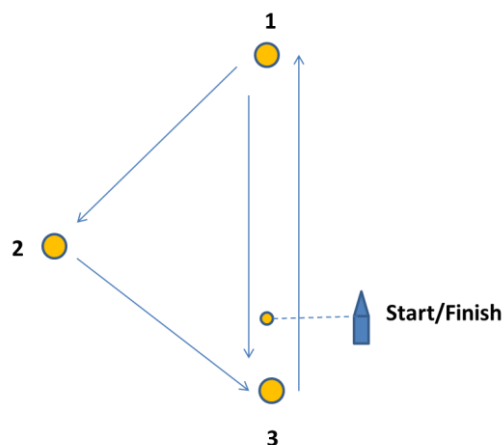


- 18.7 Failure to comply with clauses 17.4 to 17.6 will result in disqualification and possible disciplinary action by the Committee in addition to other liability.
- 18.8 A boat that retires from a race shall notify a race committee vessel as soon as possible. The helm shall complete a retirement declaration on return ashore.
- 19 TRASH DISPOSAL
- 19.1 Competitors shall not intentionally put trash in the water.
- 20 RISK STATEMENT
- 20.1 Rule 3 of the Racing Rules of Sailing states: 'the responsibility for a boat's decision to participate in a race or to continue *racing* is hers alone'.

20.2 By taking part in the event, each competitor (and their parent(s) or guardian(s) in the case of a competitor under 18 years of age) agrees and acknowledges that:

- they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- they are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- their boat is in good order, equipped to sail in the event and they are fit to participate;
- the provision of a race management team, patrol boats and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- their boat is adequately insured, with cover of at least £3,000,000 or the equivalent per event against third party claims.

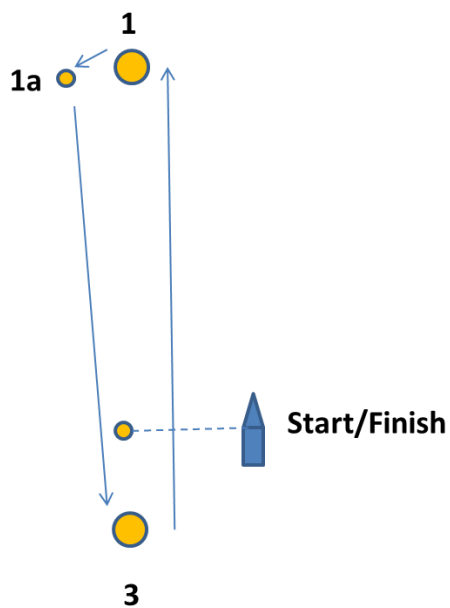
APPENDIX 1 COURSE A (Triangle-sausage)



All marks to port

Start, 1, 2, 3, 1, 3, 1, 2, 3 Finish

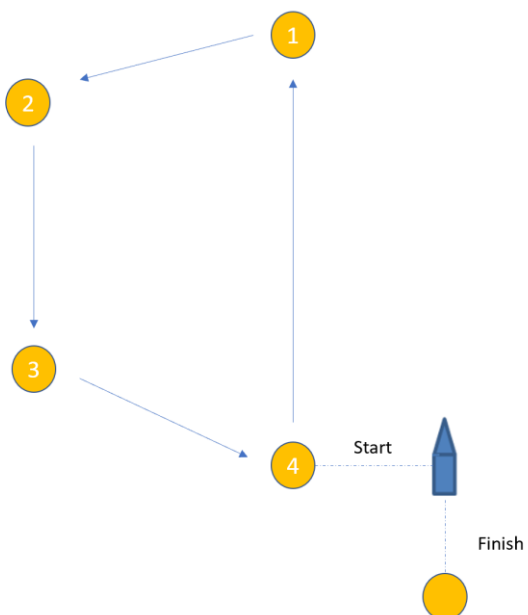
COURSE B (Windward leeward)



All marks to port

Start, 1, 1A, 3 (number of laps will be displayed on the committee boat)

COURSE C (Trapezoid)



All marks to port

Start, 1, 2, 3, 4 (number of laps will be displayed on the committee boat)