

## Saturday

- Starting – ARE YOU ON THE LINE - Line sag will always happen, don't take other boats being around as you are on the line. Get YOUR transit and work out Bia's for yourself.
- Conditions – LOOK/SAIL UP COURSE BEFORE START – is there a favoured side to course? more pressure? Are you lifted or headed more on a tack?
- Decision making – PLAN AHEAD – what way are you getting around the course. Example – before you set off on a trip, you always know where you're going! Same in sailing, using the conditions and what's happening on course, work out where your going.

Something to look at moving forwards is a to double check your transits and then use them, massive line sag was seen on all starts. If you were able to sail down the line and be on the line at go compared to 5 boat lengths behind, the gains would have been massive.

Think before you tack: we saw many of you tacking over 10 times upwind, many of which landed you behind someone else in their dirty wind. Just look and question why you are taking before you do

## Sunday

- Massive right pressure gains! Same as Saturday PLAN AHEAD FOR YOUR RACE

Laylines was my takeaway of the day: try to stay as close to the layline as possible. By tacking onto it early many of you ended up reaching into the top mark. Sailing much further than you needed too. One way to avoid this is to not get on the layline so early, making it easier to judge.